

MANAGING ADOLESCENCE

led by Suzette Jones



**on Saturday 23rd February 2019
from 10 am – midday
(Coffee available from 9.30 am)
at Godalming Baptist Church
(Queen Street, Godalming, Surrey, GU7 1BA)**

Surviving adolescence! Can we recognise anxiety, depression, stress in our young people?

Are bullying, alcohol, drugs, eating disorders and self-harm inevitable in today's world?

Confused? Need help?

**A practical and informative talk for parents
and those caring for adolescents.**

**To reserve a place (£6) please contact
Sally Pollard (email: pollard3@hotmail.co.uk),
Janet Fry (janetfry1@gmail.com),
or the Church Office, 01483 422105 on Mon, Wed, or Fri mornings,
(office.gbc@btinternet.com)**

After administrative costs, the proceeds will be donated to 'The Bishop of Guildford's Foundation', a charity which helps to support the most disadvantaged in Surrey and NE Hampshire through church and community projects

Please book with payment by Friday 15th February